

Exercise Pro Live - An online exercise software designed for physical therapists, athletic trainers and chiropractors for exercise programs and education for patients. Easy to use and comprehensive. Exercise Pro Live offers more features than any other online system.

#### Benefits:

- Superior patient compliance implementing pain/difficulty feedback and adherence tracking.
- Better patient outcomes by providing clear instructions, set, reps, and resistances.
- Improved patient exercise technique by providing video, illustrations and photos.
- Saves you time no more drawing silly stick figures, copying out of books or searching for handouts.
- Enhanced therapist treatment and patient care by having access to thousands of different contemporary and evidence based exercises.
- 24/7 access for clinicians and patients.
- No software to install, no cost for upgrades, new features or content. No set up fees.
- Eliminates IT labor and resource costs.
- Works with mobile devices and smart phones.
- HIPAA compliant, data is encrypted, secure and backed up.

## It's all about the Features

### Content:

- Over 3000 exercises from low level rehab up to high level athletics.
- Education videos (crutch training, modalities etc).
- Add your own video and education topics.
- Clone exercises to create variations.
- Create protocols.





Content includes orthopedics, stretching, neurology, aquatics, geriatrics, stabilization, functional, Pilates, yoga, women's health, hand, finger, upper body, fitness center, power/agility, plyometrics, cardio, golf, passive range, active range, active assisted range, isometrics and more.

Equipment includes elastics, weights, pulleys, canes, foam rolls, balance boards, stability balls, putty, BOSU, TRX, Total Gym, and more.



#### **Powerful Search Features**

The key to being the best exercise software is being able to quickly locate exercises. Exercise Pro devised the method that almost everyone emulates, but no one else has perfected.

## Search Engine:

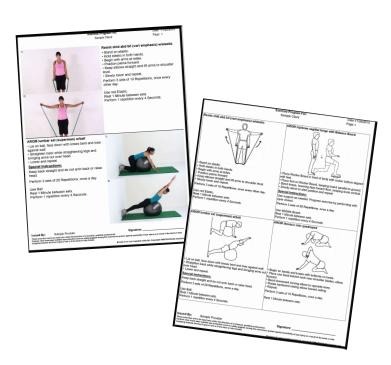
- Rapid search method locates exercise fast.
- Search by body area, exercise type, position, and equipment.
- Search by protocols.
- Muscle search.
- Choose from 6 different exercise result layouts
- Auto defaults for sets/reps saves time and only Exercise Pro Live offers this.



# **Versatile Home Program Delivery**

#### Print:

- Print programs in the clinic.
- Company Logo on all handouts.
- B/W line art and color photos.
- Handouts with your company logo.
- Over 20 different print size and layout options.
- Provides chart copy for documentation.
- Save printed programs as a PDF.
- Prints compliance grids.





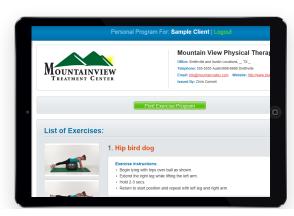
# **Client Experience Web Portal**

# Video programs:

- Patient receives professional HD video programs on their mobile devices or home computers.
- Patient portal branded with your company logo.
- Patient can print programs at home.





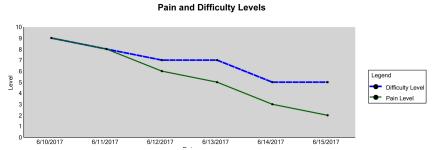


### Adherence and feedback:

- Patient reporting improves participation in treatment.
- Patient can report pain and difficulty levels.
- Patient reports completed or partially completed.
- Built in text and communication messaging.
- Clinician views reports and graphs for feedback and adherence.
- Clinician can track when patient views and prints programs.



At a glance pain /difficulty level icons.





### **Other Versatile Features**

Exercise Pro doesn't stop at just the basics. We pride ourselves on customer service and providing a comprehensive and fair priced home exercise system.

- Can integrate with your documentation software. (EMR)
- Choose left or right side.
- Contains both male and female photos.
- Clinician can set expiration date for programs.
- Auto save and program management history summary.
- Add stock comments.
- Print with common or technical exercise names.
- Print with English, Spanish or French.









# **Licensing and Pricing**

- Monthly or annual subscription per clinician.
- No long term contracts.
- Multiple locations approved.
- Unlimited patients.
- Free support and training

Call or see our website for current pricing.

Are you a member of a professional organization?

Ask out our association and college discounts.

Sign up for a FREE 4 week trial or contact us for a free webinar.